

### **Hike Leader Duties:**

- Conduct a pre-hike within 2 weeks of the hike to become familiar with the trail route & current conditions. Ask Hike Assistant(s) if they would like to attend.
- Become familiar with emergency info & procedures for the area
- Check the weather forecast – communicate with SDRVC if cancellation required
- Arrive at hiking venue at least 20-30 minutes before the hike is due to start
- Confirm your communication method with the sweep. If possible, carry a walkie-talkie for communications.
- **At the Trail Head -**
  - Ensure Hike Assistant circulates SDRVC waiver & all hikers sign form
  - Greet hikers and introduce yourself & Hike Assistant
  - Introduce Conservancy & promote Conservancy membership (pass out Coast to Crest Trail maps, SDRVC brochures, etc.)
  - Provide hike details (distance, length, time of hike, and nearest restroom)
  - Safety talk (rattlesnakes, water, sunscreen, etc.)
- **During the Hike -**
  - Set pace appropriate for the group – try to keep group together
  - Determine appropriate rest stops based on group's condition & interest
  - Point out areas of interest along the hike
  - Ensure emergency procedures are followed in cases of an emergency.  
This is your primary responsibility and should be taken seriously.
- Carry extra water for hikers (Rule of thumb – one quart of water for each hour)

### Dress Code

As a representative of the Conservancy, Hike Leaders will be provided with a SDRVC t-shirt to wear during all Conservancy-led hikes. We also suggest that Hike Leaders wear the following for their comfort & protection:

- Closed-toe shoes (above ankle hiking boots recommended for moderate-strenuous trails)
- Dress in layers for variable weather conditions
- Sun protection (hat, sunglasses, sunscreen, etc.)