

Hike Assistant Duties:

- Arrive at hiking venue at least 15 minutes before the hike is due to start
- Circulate Conservancy waiver and ensure all hikers sign form
- Act as the group “sweep” (*see responsibilities below*)
- Take (hi-res) photos of the group at various points along the hike
- Point out areas of interest along the hike
- Carry extra water for hikers (Rule of thumb – one quart of water for each hour)
- Promote Conservancy membership
- OPTIONAL: Attend Pre-hike with Hike Leader to become familiar with the trail

Sweep Responsibilities

The Sweep’s primary responsibility is to keep the group together. Generally the Sweep will hike at the back of the group so that all hikers in the group are visible. Specific suggestions and responsibilities for the sweep:

- Carry a walkie-talkie if possible for communications. Otherwise, the sweep should agree with the group leader on any communications methods to be used during the hike.
- The sweep should carry the First Aid Kit or be aware of who is carrying it.
- Count the number of hikers in the group. Verify that all hikers are accounted for on a regular basis during the hike. A simple count every two or three minutes is appropriate.
- Contact the group leader if:
 - The group is too spread out to complete the count.
 - Any hiker needs the group to stop.
 - An emergency occurs.

Dress Code

As a representative of the Conservancy, Hike Assistants will be provided with a SDRVC t-shirt to wear during all Conservancy-led hikes. We also suggest that Hike Assistants wear the following for their comfort & protection:

- Closed-toe shoes (above ankle hiking boots recommended for moderate-strenuous trails)
- Dress in layers for variable weather conditions
- Sun protection (hat, sunglasses, sunscreen, etc.)