

Fall Conservancy Hikes

The Conservancy has been assisting the City of San Diego in maintaining and enhancing the native habitat in Crest Canyon Open Space Park Preserve for many years. This Spring we began removing non-native plants and restoring the Canyon rim along parcels owned by the city of Del Mar as well. The progress has been great, thanks to the hard work of our volunteers! The Conservancy is now excited to be partnering with the Sierra Club Canyons Campaign to establish a Friends of Crest Canyon group to take on the important role of stewardship of this valuable resource.

On Saturday, September 22nd, we will be hosting a **special tour of Crest Canyon** for neighborhood residents and Conservancy members who are interested in forming this Friends group. The hike will begin at 9:00 a.m. and we'll walk the Canyon to point out the characteristics of its vegetation community as well as the nature of the work that has been and will need to be done to continue the maintenance effort. Please join us if you'd like to be a part of the Friends that will keep Crest Canyon in great shape on into the future!

On Sunday, November 18th, we will trek along **Raptor Ridge**, which offers views of San Pasqual Valley and the agricultural operations that make this area a unique part of San Diego's urban landscape. This moderately-strenuous, 6-mile hike will wind past the San Pasqual Valley Agricultural Preserve to the San Dieguito River in a display of coastal sage scrub, oak and riparian habitats. This is a must-do if you've never hiked this trail! This hike will begin at 1 p.m. and last until about 4 p.m.

Contact Leslie at (858) 674-2275 x12 or hikes@sdrvc.org for more information and to reserve a space. Bring your friends, too. See you out in the River Park!



Raptor Ridge Trail overlooking San Pasqual Valley

- New Lagoon Boardwalk – Donate A Plank
- Sustaining Agriculture in the River Valley
- Successful Campaign for New Conservancy Members



Sikes adobe home 1885

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Del Mar, CA 92014

San Dieguito
River Valley
Conservancy



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San Dieguito
River Valley
Conservancy

Currents

Newsletter of the San Dieguito River Valley Conservancy



Volume 13, Number 2

Published Four Times Annually

August 2007

Inside This Issue

PAGE

2

President's Message
Board Member
Changes

PAGE

4

Farming in the Valley

PAGE

6

Sikes Adobe,
& Commentary on
Sustainable Farming

PAGE

7

Upcoming Events,
Donate a Plank

Building the Lagoon Boardwalk: "Donating a Plank" to Extend the Trail

By Bob Fuchs, Past President of the Del Mar Rotary and Conservancy Member

Volunteer Service and Creating Community Awareness Can Be Fun!

When asked to write a piece informing Conservancy members and friends about the new "Donate a Plank" Lagoon Trail Campaign, I felt it appropriate to tell the story of how the Del Mar Rotary Club became involved with the San Dieguito River Park.

Since my wife Jan was asked to join the SDRP Citizens Advisory Committee nearly 20 years ago and has been chair of the Project Review Committee, I became aware of the grand vision of a park along the San Dieguito River – running from the mountains to the ocean – and the valiant, steady efforts of so many volunteers to bring this vision step-by-step into reality.



ABOVE: Boardwalk under construction



RIGHT: Completed section of the Boardwalk

In 2005, Rotary International celebrated its 100th year anniversary. Each Rotary Club around the world was encouraged to commemorate that anniversary by undertaking a project of lasting significance that would showcase Rotary's commitment to service in its respective communities.

As president of Del Mar Rotary that year, it was natural for me to propose to our club a project involving the San Dieguito River Park – a park in Del Mar's back yard, but a park which many citizens of Del Mar, Solana Beach, and Carmel Valley (including many Rotarians) knew relatively little about.

Dick Bobertz, the River Park Executive Director, helped craft a project that our Rotary club would enthusiastically support. Under the leadership of member and residential builder, Pat Dougherty, we had a fun-filled Saturday work party where roughly 30 Rotarians and some of Pat's co-workers put the finishing touches on the Strawberry Stand project. Our club members felt satisfaction from that effort, and learned much about the scope and potential of the San Dieguito River Park.

We then asked, "OK, what's next?" Dick Bobertz suggested that Rotary install the planks on top of the already constructed support structure for the ¼ mile Boardwalk east of Jimmy Durante Dr. and save \$40,000 in construction costs. With more enthusiasm than expertise in carpentry, we volunteered for the job.

Continued on page 3



San Dieguito
River Valley
Conservancy

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– President’s Message – Coastal Start of the Coast-to-Crest Trail

The “Coast-to-Crest Trail” should start at the Coast, right? After 20-plus years of hard work by many people, you can go to the northeast corner of the Jimmy Durante Bridge and find a coastal segment of the “C2C Trail”. Yes, the Trail should start at Dog Beach. However, after serving four years on the North County Transit District Board, I can say it will be some time before the railroad bridge over the San Dieguito River is replaced and humans taller than four feet can walk to Dog Beach. So for the time being, the “C2C Trail” starts at the Jimmy Durante Bridge.



Tom “donating” a plank

After much work by the Del Mar Rotary, volunteer contractors, Conservancy and general public laborer-volunteers, and the River Park, 1,100 feet of raised boardwalk has been placed along the north bank of the San Dieguito River. The Boardwalk is the symbolic and physical start of the Coast-to-Crest Trail. So, go take a short hike on it.

The Del Mar Rotary and Conservancy are asking the public to donate \$100 for each plank in the Boardwalk. The funds raised will be used to continue the trail eastward – along the river, under I-5, and on to El Camino Real. A small plaque placed at your plank will recognize your gift. Oh yes, you can donate more than one plank – one for each member of your family. You can find out how to “Donate A Plank” in the newsletter and on our webpage at www.sdrvc.org.

We Met the Challenge – It is with much gratitude and excitement that we are happy to announce we received the \$10,000 San Diego Foundation Grant! The Grant, which challenged us to receive \$5,000 in new membership contributions by June of this year, was easily met with a total of 125 new members joining between the months of February and June.

Thank You to our members, both current and new, for making it possible. **Your support produces results!**

Tony Joseph and Anne Harvey Join the SDRVC Board. Thanks for the Board Service of Janie DeCelles, Craig Stone, Bill Sherrard, Heather Rosing & Chuck Demund

Five members recently retired from the Conservancy Board and Tony Joseph and Anne Harvey recently joined the Board. Janie DeCelles and Craig Stone were termed-out after six years of outstanding service, as required by the Bylaws. Bill Sherrard retired from the Board and as the Conservancy Treasurer. Heather Rosing resigned to assume a major volunteer leadership position with the San Diego County Bar Association. And Chuck DeMund is moving from Ramona to North Carolina. Thanks Janie, Craig, Heather and Chuck!

Tony Joseph, a retired Superior Court Judge and past President of the Conservancy, is returning to the Board.



“In North County, where I have resided for over 30 years, we are surrounded by rapidly expanding development. The Conservancy is dedicated to preserving a portion of our remaining land in its natural state. I am particularly interested in developing trails within the River Park that will allow the public to experience the beauty and diversity of our unique natural setting.”

Anne Harvey, a 40-year resident of Carmel Valley, is a landscape architect, who does mostly volunteer work, serving for five founding years on the Del Mar Mesa planning board and twelve years – and counting – on the Carmel Valley Community Planning Board. Anne has a long-standing interest in historic and cultural landscapes.



“With all the money and the best will in the world, I cannot create a landscape that is as rich, complex, sustaining, and subtly beautiful as our natural lands.”

Building the Lagoon: “Donating a Plank” to Extend the Trail

Continued from Page 1

Pat Dougherty came to our rescue once more, persuading Dixieline Lumber to donate the plank-cutting into the required lengths and enticing many of his carpenters and framers to volunteer. On a Saturday they helped install the planks and provided guidance to another 40 Rotarians and other volunteers (including my 6-year-old grandson Andrew and Conservancy Board members) to complete the Boardwalk in less than one day. It was an amazing sight to see so many people working like ants in a frenzied but organized manner.

Everyone including the “professionals” who participated agreed it was a great volunteer project. Andrew, looking up from setting screws in the holes in the planks for other workers to drill into place and seeing all the volunteers joking as they worked, exclaimed, “This is *really* fun!!!” I’m sure he spoke for everyone there. It was also gratifying to have Marathon Construction, who constructed the support structure, and the architect, who designed the Boardwalk, comment that the volunteer work turned out very well.



Kids playing on the boardwalk

Seeing 2,400 planks forming the deck of the Boardwalk prompted the next idea: a fundraising campaign to raise money to extend the Lagoon Trail from the Boardwalk east to El Camino Real and promote community awareness that this key part of the Coast-to-Crest Trail had become a reality. The Conservancy enthusiastically agreed to manage the “Donate a Plank” campaign and several Rotarians are working with the Conservancy and the River Park to promote this fundraising campaign. At \$100 per plank, we hope to raise more than \$200,000.

In the first month of the campaign, more than 100 people and families have donated planks. Their names have been engraved on plaques and installed on the planks. I hope that each of you are inspired to ask friends, family and colleagues to participate in the “Donate a Plank” campaign. See the donation form on the inside back page of the newsletter. Or, use the internet to go to www.sdrvc.org and click on the [Click here to donate a plank link](#) on the main web page.



Bob Fuchs “rolling up his sleeves” to construct the boardwalk

The Lagoon Boardwalk segment of the Coast-to-Crest Trail is now OPEN for use. From a viewing platform overlooking the San Dieguito River channel, visitors can see fish jumping, birds gliding, interpretive panels, as well as the work underway to create a major new pool area west of I-5 as part of the Lagoon Restoration Project. The Boardwalk starts east of Jimmy Durante Dr. just north of the bridge over the River. Parking to access the trail is in the southeast quadrant of Jimmy Durante and San Dieguito Dr. The Grand Avenue Bridge, which will become a viewing platform after the Lagoon Restoration Project is completed, offers another parking option, but is a bit of a hike back to the Boardwalk.

I want to thank all of you, and especially my wife, Jan, for your amazing vision and unceasing efforts to bring the San Dieguito River Park to the point that it is today, and for having provided an opportunity for Del Mar Rotary to be of service to its community.

Farming in the San Dieguito River Valley

By Matt Witman, Witman Farms, San Pasqual Valley



Matt and Witman Ranch worker in orange grove

In a region increasing in urban landscape, the San Dieguito River Valley is dominated by its agriculture and rural landscapes. Farming thrives in the Valley. You see it in the form of roadside vegetable stands, plant nurseries, orchards, dairies, chicken ranches, sod farms and pasture lands. The River Valley spans a number of areas, each with a unique blend of agriculture.

As elsewhere in the southwest, the story of agriculture in the San Dieguito River Valley is the story of the water. The eastern end of the Valley, with its higher rainfall and mountain climate, support apple orchards and grazing activities with little extra irrigation needed. As you travel west, more intensive agriculture can be found in Ramona and the San Pasqual Valley. Water is the lifeblood of all agriculture **and** our wise use of this resource is a must if farming is to survive here.

The San Pasqual Valley, where I farm, lies east of Escondido, along SR 78; most people know it as, “where the Wild Animal Park is located”.

The City of San Diego purchased farm land in the San Pasqual Valley in the 1950’s to settle a lawsuit brought by farmers in the valley worried that the completion of the Lake Sutherland Dam, northeast of Ramona, would threaten the irrigation water they depend upon. In many cases the City leased the land back to the previous owners and continues to lease the land in an area that has been officially designated as an “Agricultural Preserve.”

My family’s history in the Valley began in the mid-60’s when my father planted our first citrus groves. Over the years, we, the Witman Ranch, have farmed wheat, onions, peppers, yams, sweet corn, watermelon, carrots, gladiolus, ranunculus, palms, sod, peanuts, cauliflower, broccoli, oranges, lemons and grapefruit, and many other crops which I can’t recall. We farm both organically and conventionally grown crops. As always in farming there are weather challenges. Whether drought, flood, heat, cold, wind, fire, or rain; we have lived through the extremes.

Like most agricultural communities, the San Pasqual and the River Valley community as a whole is a tightly knit one. We share the common experience that the land brings you. We may meet over a fence, over coffee, or carne asada Fridays.

The City of San Diego Water Utilities Department owns approximately 11,000 acres in the Valley, which it leases to local farmers for up to 30 years at a time. I’m one of the tenant farmers. Many of us pay rent based on a percentage of what we receive for our crops.

Living with the City as your landlord can be a mixed blessing. On one hand, we are but a very small part of the Water Utilities Department, and are generally left alone by the bureaucracies of City Hall. Last time I checked, there were something like 25 voters in the Valley – so politicians, until recently, have paid little attention.



Dairy along Bandy Canyon Road

The San Pasqual Valley was purchased to protect the Lake Hodges watershed. As farmers, we understand and accept this commitment.

We can always entertain ourselves about how dysfunctional “the City” (our landlord) is. We can kick the dirt and talk poor, but mostly we can enjoy each others company. Many of us have the common experience of working with a parent or child on the farm.

The City recently adopted the San Pasqual Vision Plan developed by our Councilmember Brian Maienshein, working with the leaseholders and a range of interests. Its goal is to preserve the character of the Valley for future generations by halting creeping commercialization and enhancing the ability of the agricultural community to remain viable. Among the action items in the Plan is the adoption of both watershed and groundwater management plans for the area. I am chairing a committee, called for in the Plan, to implement the Plan’s action program.

Steadily over my years, agriculture has become a highly regulated industry. These regulations affect how we conduct our business – it might be safety for our employees, safety for our customer – consumers, the safety of the air we breathe or the water we drink.

Technology has allowed for regulatory scrutiny, and technology allows us to comply with the regulations and remain viable. For example, I make extensive use of water conserving drip irrigation. With the rest of the nation, we are in the middle of a debate over what should be our primary source of farm labor. The ultimate price of that labor will be a continuing challenge for the farmers of the River Valley.

In the future, farming in the River Valley will change, and that change will be driven by the economics of the day. In 20 years agriculture in San Pasqual Valley could be a collection of farms that allow consumers to buy directly from the grower or that deliver their products directly to consumers’ homes. Be Wise Farm, on San Pasqual Road east of Orfila Vineyards is a present day example of that business model. Small agricultural estates could also line the Valley, like parts of Rancho Santa Fe, with operations such as the renowned Chino Farm. Another likely possibility is that the Valley will produce various trees, flowers and grasses to be used by home gardeners to create his or her own natural setting. History could also repeat itself, and the Valley may continue to supply fruits and vegetables throughout the country.



Orfila Vineyards

Regardless of the direction agriculture takes in the future – it will need to be sustainable – in the sense that farming will need to protect and sustain the land, water, and plant and animal resources of the region, **and** provide a sustainable life for the people that make up the agricultural community of the Valley.

The Conservancy and the San Dieguito River Park are more recent partners in preserving, restoring and enhancing the watershed. There has not always been a comfortable relationship between the agricultural community of the River Valley and the River Park. Part of this is because the River Park, with its Coast-to-Crest Trail, introduces the public to areas they previously had not been allowed into. My operation, Witman Farm, has about 2 miles of the Coast-to-Crest Trail running through my leases. Proper construction of the trail, with appropriate fencing, has minimized the contact between the trail users and my business operation.

As a trail user, I am lucky enough to occasionally commute to work on my bike using the Coast to Crest Trail. As for the Conservancy, most property rights advocates say that if the public want to control what happens on any piece of property, the public should buy it. This is precisely the trail the Conservancy has blazed.



San Pasqual Valley looking Northeast

The Sikes Adobe Farmstead Reminder of the River Valley's Farming Legacy

By Barbara Baker, Event & Volunteer Coordinator,
San Dieguito River Park

The Sikes Adobe Historic Farmstead, located on the Mule Hill Trail off Sunset Drive, east of I-15 and south of Via Rancho Parkway, is one of the oldest structures in San Diego County and one of the few remaining adobes in the region. A State Point of Historical Interest and a City of San Diego Historical Landmark, the home has been restored by the San Dieguito River Park. Named for the Sikes family, who lived here from about 1869 until 1899, the home was purchased by the City of San Diego in 1925 and rented out for many years as a bunkhouse for cowhands. Finally abandoned, the house began to deteriorate, and much of the rich farming lands surrounding it were swallowed up for urban development.

When the Sikes family arrived here in the early 1870s, California was a relatively new state, San Diego was an infant city of 2,300 people, and Escondido was little more than a large village. The Sikes helped start the town of Bernardo and Zenas Sikes served as the first postmaster for this farming community that eventually consisted of about 400 people. Indeed, agriculture proved to be the lifeblood of the region.

Farming and ranching provided a livelihood for pioneering settlers. While all households maintained "kitchen" gardens to supply fruits, vegetables and herbs for daily use, wheat was the predominant cash crop and for twenty of the thirty years that the Sikes family lived here, the farmland was devoted to growing wheat. Later dairy ranching would replace grain growing. The introduction of additional types of crops and animals and farm equipment allowed for more diversity in the San Pasqual Valley.

Zenas Sikes died in surgery at the adobe in 1879 after being kicked by a horse and suffering a second injury to the same leg. Although Eliza Sikes struggled to keep the farmstead going and made many improvements to the home to make it more comfortable, she lacked the business acumen for farming. After the Sikes family lost the property, it was never again used as a family farm.

The Sikes Adobe Historic Farmstead is open free of charge on Saturdays from 1:00 to 3:00 p.m. and by appointment on Sundays. Please call (858) 674-2275 x14 for more information. Classes celebrating the spirit of craftsmanship are held throughout the year. Join us on **Saturday, August 18th from 9:00 a.m.** 'til noon for a special presentation and exhibit, entitled "**Dolls through Time**" featuring many antique reproduction dolls!

Note: Sikes Adobe Home photo located on last page of the newsletter

Hope for a Sustainable Agricultural Future

By Charlene Orszag, Roots of Change Fellow
& Tierra Miguel Foundation Co-Founder



Students "harvesting" spring onions at
Tierra Miguel Farm

It's tough in San Diego to get hold of a healthy picture of farming, farmland conservation, and the future of food. The pressures are intense – development, water concerns, pest vulnerabilities, consumer confusion, and more.

What's hopeful on the horizon? With a goal of a revamped food system by 2030, the California Roots of Change Council – made up of environmentalists, farmers, citizen organization representatives, food system workers, producers, and consumers – has ambitiously undertaken the task of identifying new directions for a sustainable agricultural future (www.rocfund.org).

What's possible in San Diego? The region is remarkable for its possibilities, if the will to hold onto critical farmlands exists. We must be clear about the value of working lands, not only as food producers, but as buffers allowing critters room to move. Getting the message of sustainability out to urban dwellers is urgent. New partnerships must be developed between urban and rural interests. The need to connect the links among communities, the environment, health and economics deserves our immediate attention.

Building healthy, community-based food systems require healthy farms, soils, water, and workers and sound local policies. Better that we work with long-term Best Management Farming Practices now – than remediate later at greater expense and damage. New market standards are evolving that place an emphasis on value, quality, and the perceived safety of our food system. Let's encourage policies that promote local food supplies by supporting local farmers and by protecting farmland.

Locally, Tierra Miguel Foundation (TMF) – with its farm in Pauma Valley – has pioneered farmland conservation activities by protecting – in perpetuity – 85 organic acres. TMF has a community-supported agriculture program with neighborhood deliveries in various parts of San Diego. Every first Saturday is Volunteer Day and you're cordially invited to join the fun. (www.tierramiguelfarm.org / Beth Levendowski, President 760-742-4213)

Note: The Tierra Miguel Foundation, along with the Conservancy, is a member of the Conservation Resources Network – a group of 25 citizen resource conservancies working together to protect the environmental and cultural resources of the county (www.sdcnr.org).

SPECIAL MEMBERSHIP DONATIONS: Mar 3rd through Jul 3rd, 2007

\$10,000 or more
Carlton & Eileen Appleby
Dick Hunter
Mark Robillard
David & Ann Welborn

\$1000 - \$3,999
Teresa L. Boley
Matthew & Lois Jones
Rachel H. Reed
Christa McReynolds
Rancho Santa Fe Foundation
Helen Sahadi
Southern California Edison
Phoebe & Gene Telser
C. Judson & Jill Westover, Jr.
Abbe S. Wolfsheimer

\$250 - \$999
Suzanne Ankenbrandt
Molly & David Begent
Mr. & Mrs. James Carmel
Paul & Joanne Casterline
Grant & Diana Clark
Hubert & Marjorie Crouse
Skeets & Sharon Dunn
Michael & Lori Essrig
Dennis Grady
Richard H.
Joseph & Barbara Harper
Harry & Vivian Heid
Terry & Amy Hellenkamp
Ms. Susanne Henie
James Hribar
Gregory Huskey

\$250 - \$999 (continued)
John & Jane Ingram
Richard Jamison
Dale & Wilma Johnson
Gertrude Kilburn
Tom Light
Richard & Kathy Louv
Patty McDonald
Jan & Robert McMillan
Richard Moore
Susan & James Mugg
Alexander Musser
Samuel Rapaport
Stacy & John Snyder
Robin Stark
Craig Stone
Shirley & Ray Tritten

\$250 - \$999 (continued)
Eugene Troxell
John & Kim Wu

*Thanks to everyone
who donated to the
Conservancy to assist
in realizing the dream
of the San Dieguito
River Park and of a
protected natural
River Valley.*

UPCOMING EVENTS

CONSERVANCY MEMBER HIKES

Contact Leslie at (858) 674-2275 x12,
or hikes@sdrvc.org for more information
and to reserve a space.

September 22, 9:00 AM

A special tour of Crest Canyon for Neighborhood
Residents and Conservancy Members

November 18, 1 - 4 PM

6-mile trek along Raptor Ridge

BUS TOURS OF THE SAN DIEGUITO LAGOON WETLAND RESTORATION PROJECT

Sept. 15 & Oct. 13, 9:00 - 11:00 AM

Call (858) 674-2275 x14

to place your name on a waiting list.

"STARGAZING IN THE SAN PASQUAL VALLEY"

Aug. 4 & Sept. 1

Begins at 6 PM, and Telescope Viewing at 11 PM
Call (760) 737-2698 for recorded information.

RIVER PARK GUIDED HIKES

To RSVP, call (858) 674-2275 x14.

Bicycling: July 2, 8:30 AM

North Shore Trail

Twilight Hiking: Aug. 26, 6:30 - 8:00 PM

Del Dios Gorge Trail

Kayaking: Saturday, Sept. 8, 8:00 AM

Lake Hodges

Horse Back Riding: Sept. 29, 1:00 - 4:00 PM

Lake Hodges North Shore Trail

To RSVP, call (858) 674-2275 x14.

TRAIL MAINTENANCE

Aug. 12 & Sept. 9, 8:00 - 11:00 AM

Highland Valley Staging Area

HABITAT RESTORATION

Aug. 18, 8:00 - 11:00 AM

Sikes Adobe Historic Farmstead

September 15, 8:00 - 11:00 AM

Highland Valley Staging Area

*Call Barbara at (858) 674-2275 x14
or e-mail Barbara@sdrp.org for more
information. All work projects take
place rain or shine.*



San Dieguito Lagoon Trail Fund

YES! I Would Like to Donate a Plank on the Lagoon Boardwalk

to extend the Lagoon Trail.

San Dieguito River Valley Conservancy, 3030 Bunker Hill St., Suite 102, San Diego, CA 92109
Phone: 858-755-6956 Fax: 858-356-4222 Email: sdrvc@sdrvc.org Web: www.sdrvc.org

Name _____

Address _____

Email Address _____

Phone Number _____

Number of Planks at \$100 Each: _____

Please enter one name for each plank below

Total tax-deductible Donation: \$ _____

I (We) wish to remain anonymous.

MASTERCARD VISA

CHECK *Please make checks payable to:
Lagoon Trail Fund-SDRVC*

Card Number _____

Expiration Date _____

V-Code _____

Signature of Cardholder _____

Plaque Name Entry Form: One Plaque for Each Plank, \$100 Donation Each Plank

Please limit the inscription to personal, family, or company names up to 24 characters, including spaces.

Name: _____

Name: _____

Name: _____